

Session Outline

KS3/4: Survival/Teambuilding

This outline is a general guide for what to expect during your session with us. Activities and session structure may vary depending on weather conditions and other circumstances.

National Curriculum links: KS3/4 programmes of study –	
Learning Objectives	Session outline
<p>Physical Education:-</p> <ul style="list-style-type: none"> Take part in further outdoor and adventurous activities in a range of environments which present intellectual and physical challenges and which encourage pupils to work in a team, building on trust and developing skills to solve problems, either individually or as a group 	<p>Come and take part in a teambuilding survival exercise. Spend the first part of the day learning useful outdoor/survival skills including map reading, knot tying, building shelters, fire lighting, foraging.</p> <p>Then using this skills, complete an exercise in the woods that will put the individuals and the team to the test. Will you survive?</p>
Pre Visit activities	Post Visit activities
<p>Look at map reading and practice map reading skills.</p>	<p>Practice skills learnt during the session such as knot tying, map reading or shelter building.</p> <p>Reflect on how the group interacted and how well they met the scenario objectives.</p>