

Welcome back to your final JPR nature bulletin of 2025/26! Lets think about some of the environmental events coming up over the summer holidays.

Over the month of July, we are being encouraged to use as little plastic as possible, which means making more nature-friendly choices where we can. For example, we could try and purchase fruits and vegetables that are not in plastic bags, or even use bars of soap instead of liquid soap in plastic bottles. We can also focus on reusing the plastics that we do have instead of purchasing more, like taking our old bags to the supermarket and not purchasing new ones each time, or using eco-wrap for our sandwiches and not cling film. There's lots we can all do to reduce how much plastic we use this month.

July 28th is World Conservation Day, which recognises the importance of healthy and stable habitats for all living things. During the summer, why don't we pay close attention to the animals and plants that we share the city with, and see if we can do anything to help them over the hot weather, such as leaving out a dish of water for some thirsty animals, or using stones or wood to make shady areas in your own green spaces?

August is a month dedicated to some of our most interesting wildlife - bats! During this month, our most common species of bat, the pipistrelle, come together in the skies to attract amate. During this time, these elusive animals are much easier to spot as they dart and dash to chase down their food, so why not head out into your garden or local park with an adult at dusk to see how many bats you can see as they snack on mosquitos and moths?

The summer holiday is an amazing time for everyone to get out into their local green spaces to explore, discover and connect deeply with nature. Just 20 minutes of time outside in nature each day is long enough to improve your health and help create focus, so why not get out there and explore during this time?

Stay safe, stay curious, and thank you for listening!