

# Session Outline

## KS 3&4: Without a trace

This outline is a general guide for what to expect during your session with us. Activities and session structure may vary depending on weather conditions and other circumstances.

Learning Objectives	Session outline	Evaluation of Learners progress
<ul style="list-style-type: none"> <li>Identify and name a variety of common wild plants, including trees</li> <li>Identify and describe the basic needs of survival</li> <li>Identify and describe the problems associated with using the Earth limited resources.</li> <li>Develop resilience, communication and cooperation skills by working together in small groups on challenging tasks</li> <li>Take part in outdoor and adventurous activity challenges</li> </ul>	<p><b>Introduction</b> The class will have a brief welcome and introduction to The Parks Trust and to the session. Activities to be agreed at time of booking as not all activities can be done in all parks.</p> <p><b>Activities:</b> <b>Water sourcing and/or filtration</b> – Learn how to source water naturally and what you can do to make it safe. Students decide on what materials to choose following the countryside side code (not picking anything and returning materials after use). Students will discuss the impact of increased temperatures on water bodies in MK and globally.</p> <p><b>Shelter building</b> – Create a shelter that is effective against the elements using tarps and ropes. Students learn how to decide where to build shelter to have minimal environmental impact e.g. which trees are protected linking to different types of woodland across MK</p> <p><b>Fire Lighting</b> – In a designated safe fire zone we will learn the art of fire lighting using a striker and cotton wool. We will discuss the properties of fire, how to keep one alive, and the precautions we take when working around them. Students will discuss what can be used as fuel and how to source firewood responsibly, linking discussing to land management techniques such as coppicing/pollarding.</p>	<p>To include: Discussion with children before, during and after the visit.</p> <p>Photographs which you may take for post visit discussions, displays and activities</p>
<p><b>Pre Visit activities</b></p>	<p><b>Post Visit activities</b></p>	<p><b>Relevant activity risk assessments</b></p>
<p>Demonstrations of evaporation, condensation, transpiration etc.</p>	<p>Discussion of situations when survival skills may be needed – link to contemporary social situations e.g. homelessness, migrant camps etc. could look at charity work such as WaterAid, Toilet Twinning etc.</p>	<ul style="list-style-type: none"> <li>TPT-OL-003 Bushcraft – Shelter building and fire lighting</li> </ul>